

## “Clean Catch” Urine Specimen

### Aim of the leaflet

This leaflet is aimed at parents of children who need to collect a urine sample.

This leaflet aims to tell you how to collect a urine sample.

### How to collect the specimen

1. Please wash your hands before commencing procedure.
2. Please ensure your child's genital area (front bottom for girls, penis for boys) and bottom is clean by washing and drying the area and free of creams, powders, etc before collecting the specimen (always wipe from front to back).
3. Sit with baby on your lap - holding the sterile bowl underneath their genital area or the sterile pot provided can then be placed inside your child's potty and removed when he/she has passed urine. The sample must be collected in the sterile container provided, as other containers may be contaminated.
4. Quick wee method: sit baby in position (as stated in 3 above) - rub baby's tummy gently with some gauze soaked in cold salt water - to encourage a “quick wee”.
5. Please transfer the urine into the small bottle provided. Secure the lid. Place the bottle in the plastic bag with the card enclosed and return to the hospital or to your GP's surgery (if you live in the Boston area) on the day of collection.
6. Do not allow children to handle the red or yellow topped bottle. The crystals inside are preservative acid and should not be swallowed.
7. Please ensure that the bottle is labelled with your child's name, date of birth and hospital number which can be found on the form included. Please put the date and time of collection on to the bottle and form.

### Contact details

If you have any questions about any of the information contained in this leaflet please contact the Children's Clinic on 01205 445416.

The Trust endeavours to ensure that the information given here is accurate and impartial.

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If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)